

Outpatient Medical Nutrition Therapy Services

Proper nutrition can enhance not only your health but also your quality of life. At North Fulton Regional, we are dedicated to helping you set and achieve your nutrition goals.

Our Registered Dietitians educate you on the basics of proper diet and nutrition. Our goal is for you to take these tools and apply them to your every day routine so that a healthier you is just around the corner.

What do WE offer You?

- One-on-One Consultations for conditions such as:
 - Cardiovascular disease, including high cholesterol and high blood pressure
 - Diabetes
 - Gastrointestinal conditions, including Crohn's disease, Celiac disease and Gastroesophageal reflux disease
 - Weight Management
- LIFESTEPS® Weight Management Program (12-week group counseling)

What is included with our CUSTOMIZED programs?

- An initial assessment of your current nutrition lifestyle
- Comprehensive nutrition counseling that includes:
 - Nutrition education
 - Behavior modification
 - Goal setting
 - Meal planning
 - Recipes

Our Dietitians

The dietitians at North Fulton Regional Hospital are licensed in the State of Georgia and registered by the American Dietetic Association. Continuing education requirements for licensed and registered dietitians are your assurance that you are receiving current information on the impact of nutrition on your healthcare.

Setting up Your Appointment

A physician's referral is required for participation in any program we offer. Once a referral is received, we will work with you and your insurance company. You will then be scheduled for an appointment, which takes place on Tuesdays and Thursdays.

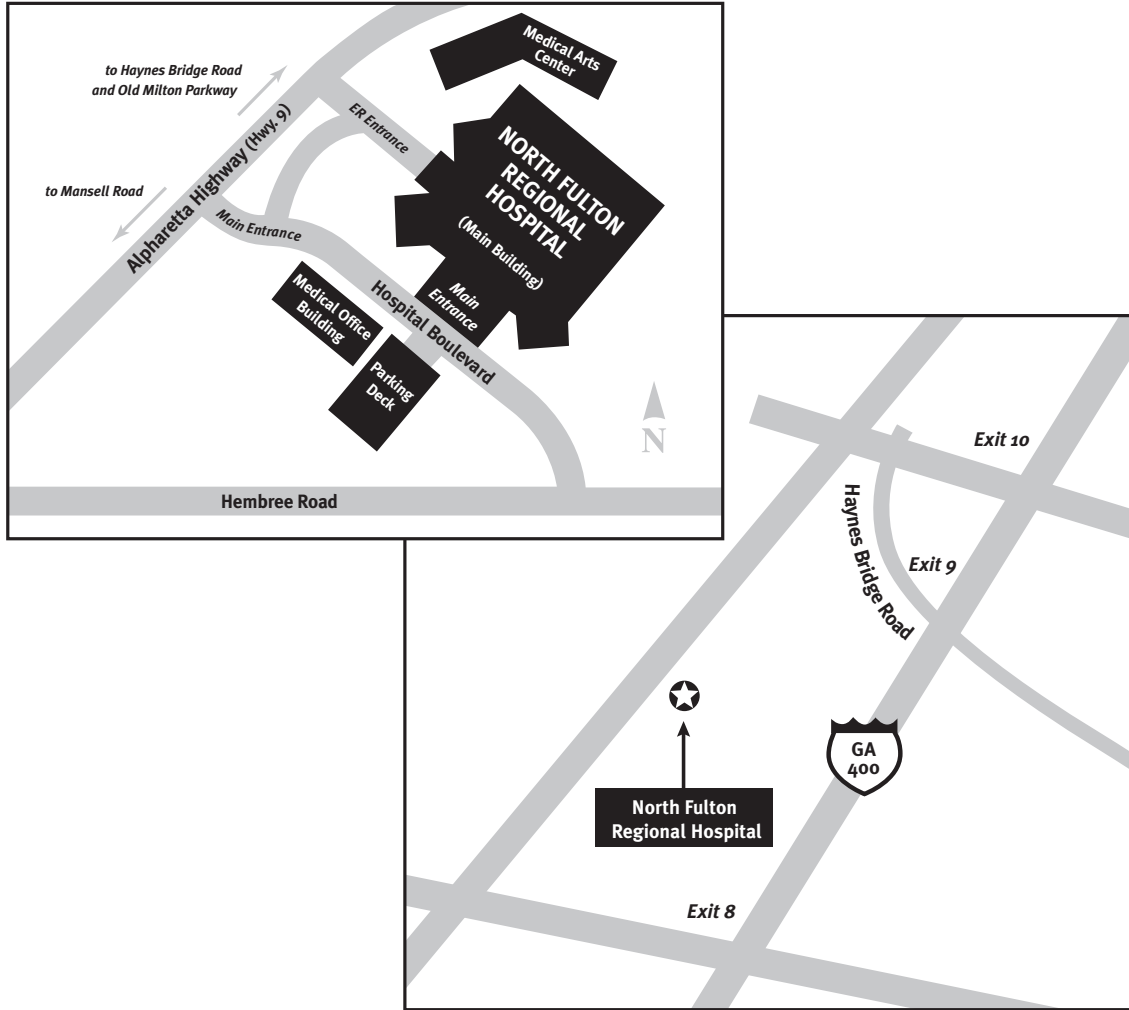
*Outpatient Medical Nutrition Therapy Services are located in the main hospital.
See map on reverse.*

For more information on Nutrition Services or to make an appointment with a Dietitian, please call (770) 751-2608, fax (770) 751-2907 or visit www.northfultonregional.com/nutrition.



North Fulton Regional Hospital





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