



## *Oncology Services*

### **Protocols for PET CT**

#### **General Protocols for all Patients (including Diabetic/Insulin)**

- Take nothing by mouth 4 hours prior to the procedure with the exception of water, which can be consumed until the time of the injection. This included gum, candy, mints, and cough drops
- Take any oral medications needed that can be taken with water
- Do not exercise the day before or the day of the appointment
- Eat low carbohydrate meals the day prior to the scan
- Bring a copy of all current medications

#### **Protocols for Diabetic Patients (Oral)**

*Optimal appointment is in the morning*

- Provide your most recent blood glucose level to the physician
- Take any oral medications needed that can be taken without food and with water. This includes any diabetic medications (glucophage, metformin, etc.)
- Check your blood glucose prior to taking diabetic medications. Refrain from taking diabetic medications if the blood glucose is normal because you will not be able to eat until after the PET scan. This will prevent your blood glucose from becoming too low and causing adverse effects (blood glucose cutoff is 200 mg/dl).
- If your blood glucose is above 200, contact the facility to obtain further instructions at 770-751-2530.

#### **Protocols for Diabetic Patients (Insulin)**

*Optimal appointment is in the morning*

- Check your blood glucose in the morning to ensure it is below 200.
- Do not take insulin within 4-6 hours of the exam.
- If your blood glucose is above 200, contact the facility to obtain further instructions at 770-751-2530.

For information about PET CT Scans at North Fulton Hospital, please contact the Oncology Coordinator at 770-751-2930.